

**PATIENT NAME - LIST OF INJURIES DUE TO MVA on 04/16/YYYY**

S.NO	DATE	LIST OF INJURIES DUE TO MVA	TREATMENT PLAN
1	04/16/YYYY	Left shoulder, Low back pain	Pain medications, CT of head, Xray of left shoulder
2	04/23/YYYY-06/06/YYYY	<ul style="list-style-type: none"> <li>• Concussion with loss of consciousness of 30 minutes or less, initial encounter.</li> <li>• Post-traumatic headache, unspecified, not intractable.</li> <li>• Nerve root and plexus compressions in diseases classified elsewhere.                             <ul style="list-style-type: none"> <li>• Sprain of ligaments of cervical spine, initial encounter.</li> <li>• Sprain of ligaments of thoracic spine, initial encounter.</li> <li>• Sprain of ligaments of lumbar spine, initial encounter.</li> </ul> </li> <li>• Unspecified sprain of left shoulder joint, initial encounter.</li> <li>• Contusion of left eyelid and periocular area, initial encounter.                             <ul style="list-style-type: none"> <li>• Contracture of muscle, multiple sites.</li> </ul> </li> </ul>	Chiropractic treatment - Hot/cold packs applied to the neck, mid back, and low back for 1 unit. <ul style="list-style-type: none"> <li>• Electric muscle stimulation was applied to the Para cervical bilateral, trapezius bilateral, Para thoracic bilateral, and Para lumbar bilateral for 1 unit.</li> <li>• Ultrasound applied to the neck for one unit.</li> </ul>
3	05/17/YYYY	<ul style="list-style-type: none"> <li>• Low back pain</li> <li>• Opioid dependence, uncomplicated</li> <li>• Sciatica, unspecified site</li> <li>• Circadian rhythm sleep disorder, unspecified type</li> <li>• Chronic pain syndrome</li> </ul>	Recommended Surgical options of fluoroscopy guided TF CESI bilateral C5-6 X2 and TF LESI bilateral L4-5 x2. Continue Chiropractic treatment. Medications Reviewed
4	06/04/YYYY, 06/26/YYYY	<ul style="list-style-type: none"> <li>• Low back pain.</li> <li>• Lumbar radiculopathy.</li> <li>• Herniated nucleus pulposus of the lumbar spine</li> </ul>	L4-5 Interlaminar Epidural Steroid Injection; Epidurography; Fluoroscopy
5	06/11/YYYY	<ul style="list-style-type: none"> <li>• Impingement syndrome of left shoulder</li> <li>• Injury of superior glenoid labrum of left shoulder joint</li> <li>• Impingement syndrome of right shoulder</li> </ul>	Mri of left shoulder reviewed Ordered MRI of the right shoulder Naprosyn 500 mg p.o. twice daily #60 Physical therapy left shoulder for impingement syndrome 3 times a week for 4 weeks Follow-up after the MRI Subacromial steroid injection on left shoulder
6	06/12/YYYY, 07/10/YYYY	<ul style="list-style-type: none"> <li>• Cervical pain.</li> <li>• Cervical radiculopathy.</li> <li>• Herniated nucleus pulposus of the cervical spine.</li> </ul>	C5-6 Interlaminar Epidural Steroid Injection; Epidurography; Fluoroscopy

7	07/11/YYYY	<ul style="list-style-type: none"> <li>• Left shoulder impingement syndrome</li> <li>• Right shoulder impingement syndrome</li> </ul>	<p>Mri of right shoulder reviewed  Subacromial steroid injection on right shoulder  Naprosyn 500 mg p.o. twice daily #60  Physical therapy for bilateral shoulder for impingement syndrome 3 times a week for 6 weeks  Follow-up 6 weeks time</p>
8	08/09/YYYY	<ul style="list-style-type: none"> <li>• Low back pain</li> <li>• Circadian rhythm sleep disorder, unspecified type <ul style="list-style-type: none"> <li>• Radiculopathy, cervical region</li> <li>• Radiculopathy, lumbar region</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Continue Biofreeze q.i.d as needed</li> <li>• Discontinue Tizanidine 4mg</li> <li>• Start Baclofen 10 mg TID #90 for muscle spasm</li> <li>• Patient scheduled with Dr. Earle 08/23/YYYY @ 10:30</li> </ul> <p>Continue chiropractic therapy to help alleviates her pain level, patient will go 2-3 times per week</p>
9	08/22/YYYY	<ul style="list-style-type: none"> <li>• Cervical disc disorder w radiculopathy, unspecified cervical region <ul style="list-style-type: none"> <li>• Intervertebral disc disorders w radiculopathy, lumbar region</li> </ul> </li> <li>• Intervertebral disc disorders w radiculopathy, lumbosacral region</li> </ul>	<p>Reviewed MRI of lumbar and cervical spine without dye</p>
10	09/06/YYYY	<ul style="list-style-type: none"> <li>• Low back pain</li> <li>• Circadian rhythm sleep disorder, unspecified type <ul style="list-style-type: none"> <li>• Radiculopathy, cervical region</li> <li>• Radiculopathy, lumbar region</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Continue Biofreeze q.i.d as needed</li> <li>• Discontinue Tizanidine 4mg</li> <li>• Refill Baclofen 10 mg TID #90 for muscle spasm</li> <li>• Patient referred for physical therapy</li> </ul> <p>Continue chiropractic therapy to help alleviates her pain level, patient will go 2-3 times per week</p>
11	09/13/YYYY	<ul style="list-style-type: none"> <li>• Cervical disc disorder w radiculopathy, unspecified cervical region <ul style="list-style-type: none"> <li>• Intervertebral disc disorders w radiculopathy, lumbar region</li> </ul> </li> <li>• Intervertebral disc disorders w radiculopathy, lumbosacral region</li> </ul>	<p>X-rays of pelvis, cervical and lumbar spine are reviewed  Suggested Surgical options and evaluation for lumbar and cervical spine</p>
12	10/04/YYYY	<ul style="list-style-type: none"> <li>• Low back pain</li> <li>• Circadian rhythm sleep disorder, unspecified type <ul style="list-style-type: none"> <li>• Radiculopathy, cervical region</li> <li>• Radiculopathy, lumbar region</li> </ul> </li> </ul>	<p>Recommends surgery in future , Suggested to seek chiropractic therapy, Continue Biofreeze q.i.d, Continue Biclefen 10 mg TID</p>

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01/02/2019-  
02/01/2019

- Concussion with loss of consciousness of 30 minutes or less, initial encounter.
  - Post-traumatic headache, unspecified, not intractable.
- Nerve root and plexus compressions in diseases classified elsewhere.
  - Sprain of ligaments of cervical spine, initial encounter.
  - Sprain of ligaments of thoracic spine, initial encounter.
  - Sprain of ligaments of lumbar spine, initial encounter.
  - Unspecified sprain of left shoulder joint, initial encounter.
- Contusion of left eyelid and periocular area, initial encounter.
  - Contracture of muscle, multiple sites.
- Driver injured in collision with other motor vehicles in traffic collision, initial encounter.
  - Other cervical disc displacement, unspecified cervical region.
  - Other intervertebral disc displacement, lumbar region.
- Superior glenoid labrum lesion of left shoulder, initial encounter.
  - Pain in right shoulder

Chiropractic treatment - Hot/cold packs applied to the neck, mid back, and low back for 1 unit.

- Electric muscle stimulation was applied to the Para cervical bilateral, trapezius bilateral, Para thoracic bilateral, and Para lumbar bilateral for 1 unit.
- Ultrasound applied to the neck for one unit
- Therapeutic Exercises on right shoulder for one unit